FITNESS EQUIPMENT **PURCHASE FOR** FD & PD

- The Killeen Fire and Police Departments have identified a common link regarding mental and physical health of our personnel.
- Physical health problems significantly increase our risk of developing mental health problems, and vice versa. Nearly one in three people with a long-term physical health condition also have a mental health problem, most often depression or anxiety.
- In conjunction with our new Mental Health Program, regular exercise is a common way to improve our physical health which also leads to mental health improvements.

Background

- Multiple pieces of Precor Professional Level equipment are being acquired for both the Police & Fire Departments
 - 2 Treadmills
 - □ 1 Upright Bike
 - 1 Adjustable Crossramp
 - 1 Complete "dumbbell" set
 - 8 Stair Climbers
 - Freight, Delivery, & Setup of all equipment

Financial Impact

- □ FY 2024 expenditure will not exceed \$97,735
- Budgeted expense, no additional funding required
 - General Fund Account 010-7070-442.42-51
 - □ Fire Dept: \$61,287 Project Code: ARPA24
 - □ Police Dept: \$36,447.56 Project Code: ARPA23
- Conforms to State and local purchasing policies

- Deny request for a Service Agreement as written; or
- Approve the purchase of fitness equipment through Team Marathon Fitness Buy Board contract #665-22, using funding provided by the American Rescue Plan Act (ARPA) for an amount not to exceed \$97,735 in FY 2024.

Recommendation

Departments to purchase fitness equipment from Marathon Fitness using funds provided by ARPA, and that the City Manager or his designee is expressly authorized to execute any and all change orders within the amounts set by state and local law.